



Salt Lake County **Aging & Adult Services**

Promoting independence through advocacy,
engagement and access to resources.

(385) 468-3200 | slco.org/aging



Salt Lake County Aging & Adult Services offers a variety of programs designed to meet the needs of our community's diverse population of older adults and those who care for them.

Whether you are thriving and active in the community or struggling to meet basic needs, we welcome you to participate in our programs. In Salt Lake County, life gets better with age.

Reasonable Accommodations for ADA, Contact:

(385) 468-3191 | shoepfner@slco.org.

TTY Users call 7-1-1

All other questions: (385) 468-3200.

Outreach

(385) 468-3200

Our Outreach Program is the first place you should call for all questions about Aging & Adult Services.

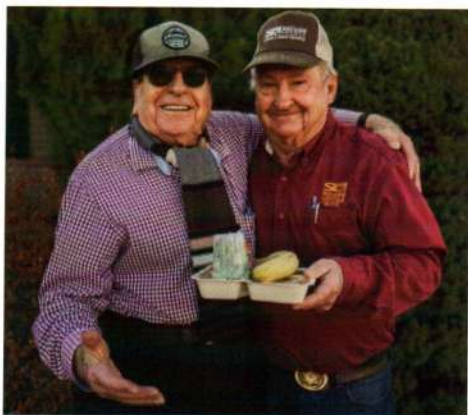
We will:

- Answer questions on issues related to aging
- Provide information about agencies where you can get help
- Discuss eligibility and help you enroll in programs and services
- Connect you with chore services (lawn care & snow removal)
- Visit elderly residents in their homes to discuss options
- Offer training to community organizations on the needs of aging adults
- Assist with Medicare & Senior Health Insurance Program (SHIP) enrollment, questions, and problem resolution

Meals on Wheels

Meals on Wheels delivers hot midday meals to frail and isolated adults age 60 and older.

We assess all applicants to determine program eligibility, which is based on need. During assessment, we strive to identify other services that support independent living.



Program participants are encouraged to provide a voluntary donation of \$2.50 per meal.

Like all of our programs, Meals on Wheels is a community effort. Volunteers and donors help operate and sustain the program.

Rides for Wellness

The Rides for Wellness Program provides rides for adults age 60 or older with no other means of transportation to vital medical appointments including dialysis, chemotherapy, and others.

Applicants are assessed for eligibility based on need. Program participants are encouraged to provide a voluntary donation of \$2.00 per ride.





(Pictured: A Foster Grandparent volunteering in a Head Start classroom)

Rides for Wellness

Volunteer Opportunities with Aging & Adult Services provide people of all ages the chance to make a difference in their community.

Volunteers can do a variety of activities, including support our network of Senior Centers, deliver Meals on Wheels, provide seniors with transportation to medical appointments, offer friendship to isolated seniors, and more.

No matter your age or stage of life, Aging & Adult Services has a volunteer opportunity for you. Contact us today!

Foster Grandparents serve at-risk children in a variety of settings in Salt Lake County. Volunteers age 55 and older provide one-on-one mentoring in schools and preschools. Income and eligibility restrictions apply; a non-taxable financial stipend for service is provided.



AmeriCorps
Seniors

The Senior Companion Program assists frail and isolated older adults to age at home rather than in long term care. Volunteers age 55 or older provide friendship and companionship, assistance with essential errands, advocacy, and referral to resources to those whom they serve.

Senior Companions also provide respite care to families caring for a loved one, giving them a regular break to do their essential errands or have time to relax. Income and eligibility restrictions apply; a non-taxable financial stipend for service is provided.

Senior Centers

Salt Lake County Senior Centers offer opportunities for learning, socializing, volunteering, community engagement, and wellness for participants. Senior Centers are open to people age 60 or older. Membership is free and activities are offered at low or no-cost, or at a suggested donation.

- Lunch
- Exercise Equipment & Classes
- Entertainment
- Social Engagement & Support Groups
- Rental Space for Private Events (at select Centers)
- Health & Wellness Classes
- Special Events
- Arts & Crafts
- Educational Classes





Community Care Transitions

The Community Care Transitions Program provides in-home services to individuals who wish to age in place. We provide services and support to help older adults remain safe at home and prevent premature placement in a long-term skilled nursing facility.

Eligibility requirements vary and begin with a telephone intake. Contact our Intake Case Manager regarding your options.

In-Home Services to assist eligible frail and disabled adults at risk of nursing home placement by providing case management and:

- Homemaking
- Personal care assistant
- Shopping
- Meal preparation
- Adult day services
- Respite care
- Medical equipment
- Chore services
- Home adaptations
- Volunteers

Caregiver Support

The Caregiver Support Program provides short term respite assistance to unpaid caregivers who are the main caregivers for their spouse, parent, adult child, friend, or neighbor.

The Caregiver Support Program can assist Caregivers with:

- Information & assistance
- Free classes, conferences & events
- Support groups
- Consultations
- Limited respite services – a brief period of relief for the caregiver (must meet eligibility requirements)

Ombudsman Program

The Aging & Adult Services Ombudsman supports and protects the rights of people living in long-term care facilities.

We will:

- Visit individuals in nursing homes and assisted living facilities
- Provide information about how to select a nursing home or assisted living facility for a loved one
- Investigate any issue that affects a residents' quality of life and care
- Work with residents, their families, and facility staff to resolve problems
- Inform residents and families about residents' rights and the resources available to them

Much of this work is done by volunteers - give us a call to learn more about opportunities to help!

Legal Services

Aging & Adult Services contracts with Utah Legal Services' Senior Citizen Law Center for legal assistance to seniors age 60 and older who live in Salt Lake County. Call (801) 328-8891 for assistance.

Salt Lake County Senior Centers

Columbus

(385) 468-3340
2531 S 400 E

Draper

(385) 468-3330
1148 E Pioneer Rd.

Eddie P. Mayne Kearns

(385) 468-3100
4851 W 4715 S

Liberty

(385) 468-3170
251 E 700 S

Magna-Kennecott

(385) 468-3000
9228 W 2700 S

Midvale

(385) 468-3350
7550 S Main Street

Millcreek Community Center

(385) 468-3305
2266 E Evergreen Ave. (3435 S)

Mount Olympus

(385) 468-3130
1635 E Murray-Holladay Rd.

River's Bend

(385) 468-3015
1300 W 300 N

Riverton

(385) 468-3040
12914 S Redwood Rd.

Sandy

(385) 468-3410
9310 S 1300 E

Sunday Anderson Westside

(385) 468-3155
868 W 900 S

Taylorsville

(385) 468-3370
4743 S Plymouth View Dr. (1650W)

Tenth East

(385) 468-3140
237 S 1000 E

West Jordan

(385) 468-3401
8025 S 2200 W

Virtual Senior Center

To register, call:
(385) 468-3299



(385) 468-3200
slco.org/aging
2001 S State Street, SI-600
Salt Lake City, UT 84114

