

Sunnyvale Elementary Afterschool Program

**SUNNYVALE NEIGHBORHOOD CENTER
585 W 3900 S, # 2, SLC UT 84123**

Open to 1st - 5th grade students of Olene Walker
Elementary or lives in Bud Bailey Apartments

MON - THU 4:00PM - 6:30PM, FRI 2:00PM - 4:30PM

To refer please contact:

Nancy Martinez
nancy.martinezr@aau-slc.org



Sunnyvale Teen Afterschool Program

Open to 6th - 12th grade

SUNNYVALE NEIGHBORHOOD CENTER
585 W 3900 S, #2, SLC UT 84123

MON - FRI 3:15PM - 5:45PM

Must live within Granite Park Jr. High boundaries
to receive a ride home

To refer please contact:

Jen Ferrin

801-448-6690

jen.ferrin@aaau-slc.org



Evergreen Jr. Afterschool Program

Join us in our 11th year at Evergreen!

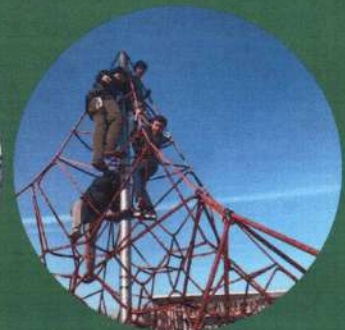
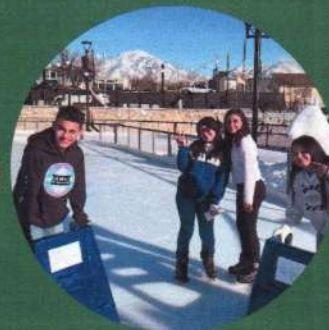
**VISIT OUR SCHOOL AT
8401 S. 2000 E. SLC, UT 84109**

MON - THU 2:45 - 5:30, FRI 12:30 - 3:30

Located in the far left Relo on the East side of school.

To refer please contact:

Mikayli Kaighn
mikayli.kaighn@auu-slc.org
801-440-0054



COMMON THREAD

Common Thread is a welcoming community for vulnerable teens. We build meaningful connections and foster resilience through events, mental health resources, and programs that empower teens and redefine futures. Our teen-advisory board is a key element to ensuring we remain teen-centered and meet the actual needs and wants of local teens.



"My kids have finally found a place of understanding and belonging."

BUILDING CONNECTION

Connection is key to healing and building resilience. However, at-risk youth often lack the support of a consistent structure, which can leave them feeling isolated and disconnected from the world around them.

TRANSITIONING TO ADULTHOOD

Youth in transition face unique challenges as they move into adulthood, often lacking the resources and support they need to succeed.

**LEADERSHIP
OPPORTUNITIES
LIFE-SKILL COURSES
GROUP THERAPY
COMMUNITY
EVENTS**

"Healing and recovery are impossible - even with the best medications and therapy in the world - without lasting, caring connections to others."

-Dr. Bruce Perry PhD

SUPPORTING MENTAL HEALTH

Youth in crisis are vulnerable and often lack stability due to past trauma, neglect, or abuse. This often leads to homelessness, incarceration, dropping out of school, and navigating mental health issues.

FOSTERING RESILIENCE

Supporting teens is a social responsibility. We strive to ensure all young people have the opportunity to succeed and reach their full potential, regardless of their background or circumstances.

(801) 410-0592 - www.commonthreadut.com

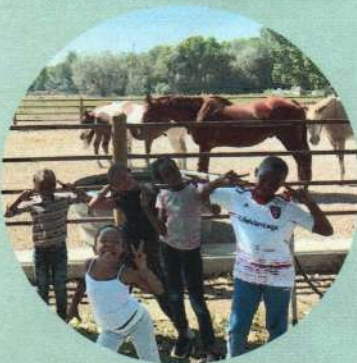
Holladay Hills Afterschool Program

**OPEN TO 1ST - 5TH GRADERS
OF WILLIAM PENN ELEMENTARY**

Visit us at 3760 S Highland Dr.
MON - THU 3:30PM - 5:30PM
FRI 1:30PM - 3:30PM

To refer please contact:

Lulu Ngalu
lulu.ngalu@aau-slc.org
208-616-8980



OUR IMPACT



In our first year, Common Thread has achieved significant accomplishments in supporting underserved teens and their families. We've organized 40+ community events, and served over a thousand local teens with the help of over 100 community volunteers.

We raised \$30K from online donations and in-kind contributions from individuals and businesses. Additionally, many of our activities and programs are led by a diverse Teen Advisory Board of 15 local teens.

Common Thread's demonstrates a strong commitment to creating a teen-centered community and providing vital support for the well-being of local teens, including group and Equine Assisted Therapy to dozens of teens.

Our top priority for 2023 is to develop and expand programs that empower and support teens. These programs include health and wellness initiatives, education and career development, a Cultural Connections Program, mental health support and therapy, and life skills training.

SUPPORT OUR EFFORTS

DONATE

Donations go directly to:

- building out programs
- providing access to therapy
- transportation

All events and activities are free to our teens and their families.

Our team works solely on a volunteer basis so all funds go directly to these programs and our community. Thank you for your support and generosity!

PARTNER

The generosity of local community members, businesses, and organizations are key to the success of our community. We seek to connect teens to local community members, interests, and activities. If you would be interested in hosting an event or partnering with a program, please email us at:

CommonThreadUtah@gmail.com

VOLUNTEER

We seek to include safe adults to assist the functioning of our events and provide positive mentorship and support to our teens.

Volunteers are presented with a variety of training opportunities to support safe, affirming, and impactful interactions with our teens.

Donate to
COMMONTHREAD



www.commonthreadut.com
(801) 410-0592

Volunteer for
COMMONTHREAD

